

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Sunday 08 Oct 2023 until 23:59 on Monday 09 Oct 2023

Forecast Issued on Saturday 07 Oct 2023 at 16:42 by Met Office Aberdeen

Confidence: Mainly high through the period. Lower for detail of heaviest rainfall on Tuesday.

Headline for Sunday 08 Oct 2023: A very wet Sunday with gusty winds.

Mountain weather hazards on Sunday 08 Oct 2023

Blizzards

No Likelihood

Gales

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent snow

No Likelihood

Severe chill effect

Low Likelihood

Heavy persistent rain

High Likelihood

Storm force winds

No Likelihood

Poor visibility

Medium Likelihood

Strong sunlight

No Likelihood

Weather and chance of precipitation at 800m

Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
							
Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Light rain	Light rain	Light rain
Precipitation probability							
70%	80%	80%	60%	60%	80%	80%	70%

Forecast for Sunday 08 Oct 2023

Weather: Heavy rain pushing east through the early hours and during Sunday morning, best chance of avoiding this in the far south. Rain starting to ease from mid-morning but a few heavier pulses still likely at times into the afternoon, becoming patchy into the evening but low cloud persisting.

Chance of cloud-free hill tops above 800m: 40% at first, reducing to 10% into the afternoon.

Low Cloud and visibility: Scattered or broken low cloud at first, base 600-800m, increasing into the afternoon to become widespread across the area, lowering to 500-600m. Visibility moderate in rain, good at times in drier interludes, poor on hill tops.

Forecast for Sunday 08 Oct 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	27/35 SE	29/38 SE	35/44 SE	34/42 SE	31/38 S	32/41 SW	30/38 SW	27/34 SW	21/27 SW
900	24/32 SE	26/34 SE	25/32 SE	20/26 S	17/23 S	20/28 SW	21/29 SW	18/25 W	14/20 SW
600	21/28 SE	18/25 SE	18/24 SE	17/22 S	18/23 S	26/33 SW	23/31 SW	19/27 SW	14/21 SW
300	18/33 E	19/34 E	19/31 SE	13/19 SE	8/13 SW	15/22 SW	13/21 SW	10/17 SW	9/15 SW
Glen	5/11 NE	7/13 S	12/25 E	8/14 S	4/12 S	12/25 SW	9/20 SW	9/21 W	6/14 SW

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	2/-5	3/-4	5/-2	6/0	7/2	8/4	8/3	7/2	6/2
900	3/-4	3/-3	5/-1	7/2	9/5	10/6	10/6	9/5	8/5
600	8/4	10/6	11/7	11/8	10/7	12/8	12/8	11/8	10/7
300	8/4	8/4	9/6	11/9	12/11	13/11	13/11	12/10	12/10
Glen	10/8	10/9	12/10	12/11	13/12	14/13	14/13	14/12	13/12
Freezing Level*	3400m	3300m	3300m	3500m	3200m	2600m	2400m	2400m	2400m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Feeling unpleasant in heavy rain and strong winds.

Forecast for Monday 09 Oct 2023

Weather: A cloudy start to the day with any patchy rain or drizzle clearing through the morning. Drier and brighter during the afternoon but perhaps a few showers in the north into the evening.

Maximum wind: Northwesterly 10-15mph, becoming southwesterly later.

Chance of cloud-free hill tops above 800m: 20% improving to 80% into the afternoon.

Low Cloud and visibility: Widespread low cloud base 400-600m at first, breaking up and lifting through the morning to become few or scattered 700-800m. Poor near summits at first but otherwise good.

Temperature: **Glens:** Plus 11 to 14 Celsius
At 800m: Plus 5 to 7 Celsius
Freezing level: Above summits